

Erasmus+ KA1 Mobility – Krakow Internship

BP

Labour Mobility & Career Focus

Overview:

This best practice combines vocational training with EU citizenship education through a 2-week Erasmus+ mobility in Poland. Students engage in internships in local companies while also exploring cultural and historical sites such as Auschwitz and Krakow's old town

Description of the practice

This KA1 mobility program in Krakow, Poland offered VET students a **transformative experience combining professional internships** at Polish companies with immersive cultural activities, fostering both vocational skills and European identity awareness. Students received comprehensive pre-departure preparation to ensure a smooth transition to working in real-world settings. Throughout the two-week program, participants **engaged in meaningful cultural experiences**, allowing students to enhance their technical abilities while developing crucial soft skills like adaptability, teamwork, and intercultural communication.

Teaching methodology

- Work-based learning, experiential visits, cultural immersion, reflective journaling.

Resources and tools used

- Workplace Training Materials
- Industry-specific manuals, guide
- Digital Communication Tools.

Innovative aspects

- Work-Based Learning in an International Context
- Integration of EU Citizenship Education Through Workplace Experience
- Adaptive Learning Approach
- Digital and Hybrid Communication Tools
- Targeting Underserved VET Students.

Target group:

VET students (ages 16–25)

Duration of the activity:

2-week international internship + preparatory and follow-up phases

Transferability Tip:

Partner with local businesses that align with students' training profiles. Include cultural and human rights education components for maximum impact.

EU Focus Areas:

Sustainability, community engagement, green transition, civic responsibility, Sustainable Development and Social Inclusion and Equal Rights.

Contact Information:

For any queries or additional information, check out our website:

 <https://euclass.enac.org/>